

The **2020** International Conference

Recovering Wholeness

A Conference on Mental Health and Spiritual Care

February 23-25, 2020 | Three-day Retreat

Mirador Jesuit Villa Retreat House, Mirador Hill, Baguio City

Organized and presented by:



Vanderpol Center
for Leadership &
Pastoral Formation

PROGRAM OF ACTIVITIES

Three-day Retreat (February 23-25, 2020)

Day 1	February 23, 2020
7:00 - 8:00 AM	Breakfast
8:45 - 9:00 AM	Morning Practice/Exercise
9:00 - 10:30 AM	Day 1 Talk: Understanding depression and spiritual distress among spiritual and pastoral caregivers by Rev. Dr. William Greaver III
10:30 - 10:45 AM	Morning Break
10:45 - 12:00 PM	Small Group Sessions
12:00 - 2:00 PM	Lunch Break and Siesta
2:00 - 3:00 PM	Meditation Practice and Workshop I by Chaplain Matthew Owen
3:00 - 4:00 PM	Afternoon Break (Free Time) Roundtable Discussion with Rev. Dr. Eric J. Hall with SCA members/ affiliates and interested individuals What SCA is, what are the benefits of membership, and certification and credentialing opportunities
4:00 - 7:00 PM	Small Group Sessions
7:00 - 8:00 PM	Dinner
8:00 PM onwards	Socials (flexible, guests may want to go out)

Day 2	February 24, 2020
7:00 - 8:00 AM	Breakfast
8:45 - 9:00 AM	Morning Practice/Exercise
9:00 - 10:30 AM	Day 2 Talk: The Addict In Us - Discovering different addictive patterns developed as a result of depression and spiritual distress by Rev. Lilliana Godsoe
10:30 - 10:45 AM	Morning Break
10:45 - 12:00 PM	Small Group Sessions
12:00 - 2:00 PM	Lunch Break and Siesta
2:00 - 3:00 PM	Meditation Practice and Workshop II by Chaplain Matthew Owen
3:00 - 4:00 PM	Afternoon Break (Free Time) Roundtable Discussion with Rev. Dr. Eric J. Hall, Rev. Dr. William Greaver III, and Rev. Dr. Maria Theresita Escandor What SCA University of Theology & Spirituality is, the education model, and Graduate Programs offered through the Philippine Campus
4:00 - 7:00 PM	Small Group Sessions
7:00 - 8:00 PM	Dinner
8:00 - 9:30 PM	Large Group Session

Day 3	February 25, 2020
7:00 - 8:00 AM	Breakfast
8:45 - 9:00 AM	Morning Practice/Exercise
9:00 - 10:30 AM	Day 3 Talk: How to do compassionate inquiry and facilitate therapeutic conversations to build safe peer communities among spiritual and pastoral caregivers by Rev. Dr. William Greaver III
10:30 - 11:30 AM	Morning Break and Testimonials from the Retreat Participants
11:30 - 12:30 PM	Agape Meal, Awarding of Certificates, and Closing Ceremony
12:30 - 1:30 PM	Lunch Break and Check Out